

# ASSOCIATION FOR THE RELIEF OF AGED WOMEN Board Meeting | February 8, 2024 | 9:30 am

Wamsutta Club | New Bedford | Zoom option

#### Packet contents to be reviewed prior to the meeting:

January Minutes; January BA Report; January activity sheet; February Beneficiary Recommendations; Committees: Finance, Legacy, Friendship Task Force

- Call to Order: President Jane Stankiewicz
- Roll Call: Clerk Gloria deSa
- Moment of Silence
  - ▶ Laura Camara; 71; 1/28/24; Dart; since '22: inactive; Parkinson's classes at Sangha
- Reflective Moment: Cathy Mayall
- Clerk's report
  - ✓ Recommendation to approve January 2024 Board meeting minutes, as distributed VOTE
- President's Report: Jane Stankiewicz
- Executive Director's Update: Clare Healy Foley see packet
  - → Activity sheet, BA report & newsletter
- → Community Engagement update

→ Staffing update

→ Beneficiary highlight

- Committee Reports
  - → Finance Committee: Chair Cathy Mayall see packet
    - BOA Q3 Review with IAC update 1/16
  - → Visiting: see packet for upcoming birthdays
    - February Visiting reports 3 minutes each
      - → Gloria deSa
    - Reporting in March: Cathy Mayall
  - → Beneficiary: Chair Pam McKnight see packet
    - ✓ Recommendation to accept decisions of beneficiary committee, as distributed VOTE
    - Highlight a new beneficiary
  - → Governance: Chair Gale Beaton see packet
    - Committee meeting update 2/6/24
  - → Grants: Chair Rosemary Saber
    - Application deadline 2/8/24
  - → Personnel: Chair Angela Natho
    - Nothing to report

- → Friendship Task Force: Chair Debbie Brooke see packet
  - Task Force meeting update 2/1/24
- → Legacy Task Force: Chair Diane Laflamme see packet
  - Task Force meeting update 1/22/24
- Other business to be brought before the Board
  - Handbook handouts
- Executive Session, if needed

#### **ANNOUNCEMENTS/MEETINGS:**

Thursday, February 8<sup>th</sup> | Board Meeting | Wamsutta Club | 9:30 am Monday, February 12<sup>th</sup> | Heidy Olivero start date
Friday, February 16<sup>th</sup> | Personnel Committee | 174 Union/Zoom | 9:30 am Monday, February 19<sup>th</sup> | Presidents' Day | Office Closed
Tuesday, February 20<sup>th</sup> | Finance Committee | 174 Union/Zoom | 9:30 am
Tuesday, February 27<sup>th</sup> | Governance Committee | 174 Union/Zoom | 9:30 am
Wednesday, March 6<sup>th</sup> | Beneficiary Committee | 174 Union/Zoom | 9:30 am
Thursday, March 14<sup>th</sup> | Board Meeting | 174 Union/Zoom | 9:30 am
TBD | Grants Committee

# Association for the Relief of Aged Women Minutes of the Regular Monthly Meeting, January 11, 2024

President Jane Stankiewicz called the meeting to order at 9:32 AM.

<u>Members in Attendance:</u> Beaton, Brooke, de Sá, Garibaldi, Laflamme, Macomber, Mayall, McKnight, Natho, Saber and Stankiewicz.

Executive Director Clare Healy Foley and Director of Data, Administration and Quality Assurance Jenny Costa also present.

Members excused: All present.

**Moment of Silence:** All present had a moment of silence for the women we lost since our last meeting:

- 1. Virginia Gomes (97) New Bedford
  - a. Part of ARAW family since 2015.
  - b. ARAW provided Ensure and incontinence products.
  - c. Per Ana "Spitfire with the bluest eyes."
  - d. Very devoted son called to thank ARAW.
- 2. Emily Gomes (83) New Bedford
  - a. Part of ARAW family since 2020. Inactive with ARAW at time of death.
  - b. ARAW provided SRTA Demand Response.
  - c. Participated in WCAP.
  - d. Clare's beneficiary once Sharon left. Narcissistic personality.
  - e. Devoted to son Anthony who has Parkinsons Disease and resides at Sacred Heart.

# **<u>Reflective Moment</u>**: Diane Laflamme shared a quote by Frederick Buechner:

The life that I touch for good or ill will touch another life, and that in turn another, until who knows where the trembling stops or in what far place and time my touch will be felt.

# Clerk's Report: Clerk Gloria de Sá reported:

1. Motion to have minutes of the December 14, 2023 board meeting approved as distributed. <u>SO VOTED.</u>

# **Report of President:** President Jane Stankiewicz reported:

1. Nothing to report.

# **Report of Executive Director:** Executive Director Clare Healy Foley reported:

- 1. Activity Sheet/BA Reports/Newsletter as distributed. No questions.
  - a. Ana's report financial trauma portion very enlightening.
  - b. Lunch & Learn with SCCLS:
    - i. No lottery test to see if more beneficiaries will sign up.
    - ii. Two hostesses and 22 beneficiaries already signed up.

## 2. Staffing update

- a. Three interested in BA position:
  - i. Applicant from Bristol Elders:
    - 1. Interview delayed weather and Covid.
    - 2. Meeting tomorrow 1/12/24.
  - ii. Applicant from Women's Center:
    - 1. Spanish speaker.
    - 2. Interview delayed brother just died.
  - iii. Applicant known to Clare:
    - 1. Rochester town nurse.
    - 2. Interview to be scheduled.
- b. WCOA agreed to take on more Dartmouth beneficiaries if needed.
  - i. Ana handling work load well.
- 3. Community Engagement update
  - a. Funding opportunity sent out by email to all known to ARAW.
    - i. Post up on Facebook as well.
    - ii. Encouraged board members to share with members of their networks.
    - iii. Past grantee Dartmouth COA will apply.
- 4. December Donations \$945, YTD \$6,040.

## **Report of Finance Committee:** Chair Cathy Mayall reported:

- Last quarter review BOA believed funds would stay steady portfolio up significantly last month and YTD.
- 2. BOA Q3 Review with IAC 1/16.
- 3. Draft budget numbers due to Finance Committee by 1/31/23.
- 4. Motion made to approve 3<sup>rd</sup> quarter financials, with change to switch Social Day and Holiday Gift category labels. <u>SO VOTED.</u>

# Visiting:

- 1. Gale Beaton reported on Barbara Costa:
  - a. Impactful relationship to both calls make a difference.
  - b. Barbara is a talker also good at getting others to talk even when reluctant.
  - c. Moved and has adjusted nicely.
  - d. Last call detailed how she had spent ARAW holiday gift.
  - e. All kinds of friendships play a part in our lives.
- 2. Reporting next month Gloria de Sá.

# **Report of Beneficiary Committee:** Chair Pam McKnight reported:

1. A motion was made to accept the recommendations from the Beneficiary Committee as distributed. <u>SO VOTED.</u>

- a. 6 requests (4 new), 22 updates (10 FLO, 1 inactive)
- b. Discontinued Natalina Ventura (97) MEB over \$1,000 & living with daughter.
- 2. New Beneficiary Highlight
  - a. Odette Botelho (76):
    - i. Request for dental work.
    - ii. High month end balance Ana called and dug deeper to get a more accurate MEB, which was lower than initially reported.
  - b. Diane De Frias (74):
    - i. Young but many medical issues.
    - ii. Very independent, raised 3 children, worked 3 jobs.
    - iii. Using son's car and ran over branch put repair on credit card.
    - iv. Medical debt has other options to explore.

#### **Report of Governance Committee**: Chair Gale Beaton reported:

1. Committee meeting date changed to 1/30/2024.

#### Report of Grants Committee: Chair Rosemary Saber reported:

- 1. Funding opportunity for FY25 announced and application released 1/8/24.
  - a. Email to existing community partners detailed changes
  - b. Offering chance for one-on-one meetings and info session.
  - c. Applications due 2/8/24.
  - d. A few have reached out. Dartmouth COA applying.
- 2. FY 24 3<sup>rd</sup> quarter reports due 1/16/23.

# **Report of Personnel Committee:** Chair Angela Natho reported:

- 1. Committee meeting update took place on 12/15/23.
  - a. Finance committee was present.
  - b. Looked at potential staffing costs.
    - i. Clare presented salary recommendations. Committee concurred with recommendations as placeholders for budget.
- 2. Not meeting in January. Next meeting February 16<sup>th</sup>.

# Report of Friendship Task Force: Chair Debbie Brooke reported:

- 1. Task Force met on 1/4/24 and further discussed the new Friendship Program:
  - a. Buddy lists will be discontinued but opportunity to keep existing friends.
  - b. Entirely voluntary.

# **Report of Legacy Task Force:** Chair Diane Laflamme reported:

1. Will set up time with Whaling Museum to view archives.

### **Other Business**:

- 1. Handbook handouts:
  - a. Vice President description and bios.
  - b. Will be given at next in person meeting.

The meeting was adjourned at 10:06 am.

Recorded by,

Jenny Costa

Director of Data, Administration & Quality Assurance

Approved by,

Gloria de Sá

Clerk

**ARAW January 2024 Activity Sheet** 

Due Date With	Staff	Туре	Notes
1/2/2024 Silveira, Marie Lorraine	APAZ	Office Visit	To assist with death certificate application. She is down about dying and worried about her sons.
1/2/2024 Moore, Carolyn	APAZ	Phone Call	Re: Sign up to session #4 NBAM. "Thank you for my Xmas present. IDK what I would do without ARAW."
1/2/2024 Fragata, Maria	APAZ	Phone Call	Re: Update on dental insurance and SNAP benefits. Could not LVMM. Will call back tomorrow.
1/2/2024 Hamel, Charlotte	APAZ	Phone Call	LVM re: received new phone but it doesn't seem to have everything she needs. HV might be necessary.
1/2/2024 Schuster, Jacqueline	APAZ	Phone Call	RC re: pellet request. To go to a Home Depot or Lowe's & get an estimate. Per JS 1 bag 40lbs lasts a month.
1/2/2024 Van Bibber, Gloria	APAZ	In Home Visit	HV completed. A lot of changed since last year. Requesting support for OTC or food.
1/2/2024 Sharples, Mary	APAZ	Phone Call	Re: Pat's home address. I did not have it & suggested she mail to ARAW & we will get it to Pat.
1/2/2024 Livesley, Virginia	APAZ	Phone Call	Re: SCCLS contact info. Virginia will call attn Ericka about received payment request in mail.
1/2/2024 Van Bibber, Gloria	APAZ	Phone Call	Re: FEW and handicap apartment. Request a call back from Case Manager Kim Pepin
1/3/2024 Zych, Joanne	APAZ	Phone Call	Re: Car repairs. Schedule HV 1/8/23 at 9am.
1/3/2024 Hamel, Charlotte	APAZ	Phone Call	RC re: New iPhone is all set. "Thank you to ARAW for everything. I need to volunteer and give back."
1/3/2024 Costa, Barbara	APAZ	Phone Call	LVM w/ Natalie CESI Case manager. Requested a return call regarding PCA grocery shopping and Fallon trans
1/3/2024 Estrella, Louise	APAZ	Phone Call	Re: Louise called to reschedule HV to Friday 2pm.
1/4/2024 Fragata, Maria	APAZ	Phone Call	Re: Dental insurance applied \$33.31 per month. Refuses SNAP at this time.
1/4/2024 Lyons, Carol	APAZ	Phone Call	LVM re: Lift chair and movie purchase. Requested a call back.
1/4/2024 Chytrus, Leslie	JCOSTA	Phone Call	Plant from ARAW has a flower! So excited & wanted to tell us. Had a lovely Christmas & Thanksgiving.
			RC from Killian CES CM re: new request. She will reach out to SWH RN about portal oxygen. Sue Ann only wants SWH. SHINE has
1/4/2024 Perry, Sue Ann	APAZ	Phone Call	been recommended and declined.
1/4/2024 Vieira, Germaine	APAZ	In Home Visit	Requesting continued support for Cable. "Thank you for the gift. It really comes in handy."
1/4/2024 Monteiro, Linda	APAZ	In Home Visit	Requesting CNN membership. Needs help with groceries, snow removal, companionship
1/5/2024 Estrella, Louise	APAZ	In Home Visit	Requesting car repairs but is not able to utilize right foot. Will call on Monday to provide update
1/5/2024 Antunes, Joana	APAZ	In Home Visit	To drop off returned mail. She is 43 apt#1E. "thank you so much for the check, I really needed it."
1/5/2024 Morin, Jacqueline	APAZ	Phone Call	Re: Board approval of Cable/phone/Internet and personal care. "Thank you."
1/5/2024 Bell, Nancy	APAZ	Phone Call	Re: New referral. Lives in Plymouth. Requesting help with auto ins. Referred to Bristol Edler.
1/5/2024 Spearin, Gail	APAZ	Phone Call	Re: Board approval for cont'd cable/internet/phone. "TY so much. I will call & ask for you if I need anything."
1/5/2024 Rose, Bernice	APAZ	Phone Call	Re: Board approval for continued EPERS. "Thank you. It was lovely to see you."
1/5/2024 Cambra, Joan	APAZ	Phone Call	Re: Board approval for Taxi vouchers. "Thank you."
1/5/2024 Almeida, Mildred	APAZ	Phone Call	Re: Board approval of continued cable/internet/phone "TY so much. Tell the Board I really appreciate it."
1/5/2024 Lyons, Carol	APAZ	Phone Call	RC per AP request. Discussed Lift chair per Board request and not to purchase movies. She is aware now.
1/5/2024 Francis, Eileen	APAZ	Phone Call	Re: Board approval of FLO and over income exception. "Thank you very, very much, and God Bless you."
1/5/2024 DeJesus, Eva	APAZ	Email	To niece regarding Circuit Breaker Tax Credit COA information per her inquiry.
1/8/2024 Lyons, Carol	APAZ	Phone Call	RC to Marisol @ Boa Vista. Bed Bug situation is all set. Apartment had 3 treatments.
1/8/2024 Mello, Eleanor	APAZ	Phone Call	Re: High Protein Ensure. Suggested she call CES CM to work w/ MD for medical necessity and ins coverage.
1/8/2024 Tuite, Janice	APAZ	Phone Call	Re: sign up for the luncheon. Janice's New Years Resolution is "To last another year."
1/8/2024 Santos, Laura	APAZ	Phone Call	Re: reschedule HV. Not feeling well. Potential COVID. HV will be TC on 1/12 at 3pm.
1/8/2024 Somers, Linda	APAZ	Phone Call	Re: 2022-2023 Taxi vouchers invalid. Linda will make sure to discard and not use.
1/8/2024 Debrosse, Sezaltina	APAZ	Phone Call	Re: Taxi Voucher needs. Recent cab usage was a mistake. 1 RT ticket per month is enough per Tina.
1/8/2024 Duarte, Patricia	APAZ	Phone Call	Re: 2 tickets for Drumline live. Added to worksheet. No transportation needed. "Happy New year"
1/8/2024 Schuster, Jacqueline	APAZ	Phone Call	LVM re: more details needed regarding her income, PACE, SNAP, fraud issue & work. Requested a call back.
1/8/2024 Zych, Joanne	APAZ	In Home Visit	New request for car repairs ~\$1,300.00
1/8/2024 Smith, Cynthia	APAZ	In Home Visit	Humana booklet pick up at 2:30pm. Still pending a call back from SCCLS. Very anxious to start bankruptcy.

<b>Due Date</b>	With	Staff	Туре	Notes		
1/9/2024	Perry, Sue Ann	APAZ	Phone Call	Re: request pending insurance approval. Is not interested in connecting with SCCLS.		
				RC re: pellet request. All is still pending and no estimated date yet. Jacqueline understood that she has many options in the		
1/9/2024	Schuster, Jacqueline	APAZ	Phone Call	community for support still pending. I offered SCCLS and she will think about it.		
1/9/2024	Silva, Yvonne	APAZ	Phone Call	LVM re: Annual ROE. Requested a call back and wished her a Happy New Year!		
1/9/2024	Lewis, Barbara	APAZ	Phone Call	LVM re: Schedule annual HV week of 1/15. Request a return call.		
1/9/2024	Payan, Freda	APAZ	Phone Call	LVM w/ Marisol requesting translation assistance with annual review.		
1/9/2024	Bouchard, Martha	APAZ	Phone Call	Re: Herstory participation. Martha has agreed and I EM Laura Campbell Martha's contact information.		
1/9/2024	Smith, Cynthia	CFOLEY	Phone Call	To let AP know SS deposited \$53.81 (balance of Humana plan); bad coughing – will go back on prednisone		
1/9/2024	Waite, Cynthia	APAZ	Phone Call	Re: SNAP application. EMM to Cindy at WCOA to call give Cynthia a call.		
1/9/2024	Burke, Shauneen	CFOLEY	Phone Call	COVID vax policy still in place; v upset; v unhappy w/transportation thru SRTA & Tufts; still delaying surgery		
1/9/2024	Elgar, Marcia	APAZ	Phone Call	Re: EPERS unit. Referred her to Coastline. Suggest she all ARAW if they deny her.		
1/9/2024	DeJesus, Eva	APAZ	Phone Call	Re: HV for support. She did not understand me well but gave me daughters phone #. LVM w/ daughter.		
1/9/2024	DeJesus, Eva	APAZ	Phone Call	To IAC regarding translation service for Eva. Someone will be calling me back.		
1/9/2024	DeSouza, Joanne	APAZ	Phone Call	Re: Lunch sign up. Hoping to ask SCCLS about making a will. Only has friend who can remove items from apt.		
1/9/2024	Jenkins, Karen	APAZ	Phone Call	Re: Luncheon sign up. Interested in learning about Wills and Trusts.		
1/9/2024	DosSantos, Cathrina	APAZ	Phone Call	Re: Schedule annual HV for 1/18 at 11am.		
1/9/2024	Silveira, Marie Lorraine	APAZ	Phone Call	Re: luncheon sign up. No New Year's resolution but she is always grateful.		
1/9/2024	Perry, Susan	APAZ	Phone Call	Re: FLO update. Signed up Millie, Isabel, Linda and self for luncheon. She will provide transportation.		
1/9/2024	Tuite, Janice	APAZ	Phone Call	Was not able to LVMM re: annual HV. Will call back tomorrow.		
1/9/2024	Gomes, Virginia	APAZ	Phone Call	Re: notification of Mom's passing. I gave condolences on behalf of all at ARAW.		
1/9/2024	Simard, Agnes	APAZ	Phone Call	RC re: annual home visit scheduled for 1/19 at 11am.		
1/9/2024	Liberatore, Gertrude	APAZ	Phone Call	Re: Luncheon sign up. "Happy New Year and Thank you for approving another year of support."		
1/9/2024	Charbonneau, Leila	APAZ	Phone Call	LVM re: schedule annual HV 1/16 at 2pm. Awaiting a call back.		
1/10/2024	Monteith, Judith	JCOSTA	Phone Call	Received letter from Comcast re: password change, JM did change password since her old one not working		
1/10/2024	Costa, Barbara	JCOSTA	Phone Call	Saw on TV her phone number is incorrect w/Comcast, calling now to have changed		
1/10/2024	Carvalho, Patricia	JCOSTA	Phone Call	From Pat Foster, cab to MD appt cost \$60, unable to afford, connecting w/CM for need of pull ups		
1/10/2024	Delaney, Kathleen	JCOSTA	Phone Call	VM left to register for luncheon, RC to let her know she is registered		
1/10/2024	Horne, Donna	JCOSTA	Phone Call	To register for luncheon		
1/10/2024	Dillon, Sherry	CFOLEY	Phone Call	To register for lunch; tried to say something else but couldn't understand; said would call back		
1/10/2024	Collins, Donna	JCOSTA	Phone Call	To register for luncheon, just off the phone w/Gert Liberatore who reminded her to call		
1/10/2024	Nunes, Debra	JCOSTA	Phone Call	To register for luncheon, will bring Karen Jenkins		
1/10/2024	Smith, Cynthia	JCOSTA	Phone Call	VM left for Ana, RC to let her know Ana is out & will CB tomorrow, update on convo w/Kristin DaSouza		
1/10/2024	Pereira, Maria	JCOSTA	Phone Call	New referral, info taken – EM to AP to schedule HV		
1/11/2024	Silva, Yvonne	APAZ	Phone Call	Re: Annual FLO updated. Completed and submitted.		
1/11/2024	Lewis, Barbara	APAZ	Phone Call	LVM w/ CES CM Kim Gardner. Have not been able to reach Barbara.		
1/11/2024	Vieira, Kathy	APAZ	Phone Call	Re: Needs to reschedule Annual HV d/t ear injury. Will call her next week to reschedule.		
1/11/2024	Souza, Ethel	APAZ	Phone Call	Re: Luncheon sign up.		
1/11/2024	DeMendonca, Theresa	APAZ	Phone Call	Re: sign up for the luncheon. "Do you miss Pat yet? I am sure she is enjoying her life."		
1/11/2024	Estrella, Louise	APAZ	Phone Call	Re: Cancel today's visit. Is suffering from vomiting and GI issues. Will call Monday to reschedule.		
1/11/2024	Antunes, Joana	APAZ	Phone Call	Re: Card in mail did not have check. Informed her it was B day card and we mailed Christmas card this week.		
1/11/2024	Almeida, Mildred	APAZ	Phone Call	LVM re: Millie states she received a letter from ARAW about extra Xfinity charges.		
1/12/2024	Lewis, Barbara	APAZ	Phone Call	To SLH to inquire if Barbara admitted. She is not admitted at SLH. Pending call back from CES CM Kim.		

Due Date With	Staff	Туре	Notes
			RC: New referral. Over income by \$500/month. Referred to SCCLS, ACCS, Coastline. Greatest need is right insurance for her
1/12/2024 McHenry, Elizabeth	APAZ	Phone Call	lymphoma diagnosis.
1/16/2024 De Frias, Diana	APAZ	Phone Call	LVM re: Board approval. Requested a call back. Need most recent invoice to process payment.
1/16/2024 Best, Jacqueline	APAZ	Phone Call	Re: ARAW income guideline. Brother placing her as beneficiary once he dies will have \$600 more a month.
1/16/2024 Pereira, Maria	APAZ	In Home Visit	Initial HV completed. Will meet with ED and get back to her end of week.
1/16/2024 Sharples, Mary	APAZ	Phone Call	Re: EPERS set up HV for 1/18 at 3pm. Mary was in hospital for AFib last week and just got home today.
1/16/2024 Sharples, Mary	CFOLEY	Phone Call	Confirm of 1/18 appt with AP
1/16/2024 Simard, Agnes	APAZ	In Home Visit	Annual HV completed. Continued support of BCBS and New Request for PERS unit.
			Re: Board approval of dental services. Odette has dental appointment 2/7 and they are requesting approval letter. EMM sent to
1/16/2024 Botelho, Odette	APAZ	Phone Call	admin. CHF: OB can share letter; ARAW will send check to Ob for her appt
1/16/2024 Lyons, Carol	APAZ	Phone Call	RC re: Board approval of loveseat & recliner. Informed Carol Bob's will contact her when they receive payment.
1/16/2024 Openshaw, Pauline	APAZ	Phone Call	Re: James Openshaw is seeking to speak with Clare. EMM sent. CHF: will wait for RC from JO
1/16/2024 Openshaw, Pauline	CFOLEY	Phone Call	From JO: PO in hosp awaiting tnfr to rehab for STC (poss LTC); will alert us to plan for cable next steps
1/16/2024 Vieira, Kathy	APAZ	Phone Call	Re: Annual HV re-scheduled for 1/19 at 11am and PERS unit cancellation and swap.
1/17/2024 Charbonneau, Leila	APAZ	Phone Call	Annual review completed. Requesting continued support and new request of auto insurance.
1/17/2024 Tuite, Janice	APAZ	Phone Call	Annual HV completed. Janice is still really struggling with the loss of her daughter Donna.
1/17/2024 De Lima, Mary	APAZ	Phone Call	Re: On Demand rental. Per Mary "It was a mistake. I am having trouble with my eyes."
1/17/2024 Costa, Barbara	APAZ	Phone Call	Re taxi vouchers. Referred her to Coastline CM and to utilize PCA to shop.
1/17/2024 De Frias, Diana	APAZ	Phone Call	RC not answered will call back later today re: Board approval and invoice needed.
1/18/2024 Alves, Judith	APAZ	Phone Call	Re: Annual HV scheduled for 1/23 at 3pm
1/18/2024 Sharples, Mary	APAZ	In Home Visit	PERS unit purchased. Will be setting up 1/22 between 9am-noon.
1/18/2024 Sobral, Mary	APAZ	In Home Visit	Initial HV completed. Requesting hearing aid support. Ins does not cover HA. Pending estimate from SC ENT
1/18/2024 Lewis, Barbara	APAZ	Phone Call	x3 unable to reach. CES CM not called AP back. Mailing no contact letter.
1/18/2024 Prata, Adelia	APAZ	Phone Call	Re: Annual HV scheduled for 1/23 at 11:30
1/18/2024 Pine, Hilda	APAZ	Phone Call	Re: schedule Annual HV scheduled for 1/23 at 2pm
1/18/2024 Mello, Eleanor	APAZ	Phone Call	Re: Luncheon seating request. Eleanor would like to sit with Janice Tuite.
1/18/2024 Openshaw, Pauline	CFOLEY	Phone Call	From James; PO is at Hathaway Manor
1/19/2024 Moore, Carolyn	APAZ	Phone Call	LVM re: update on health and home sale. Request a call back.
1/19/2024 Carreiro, Kathleen	APAZ	Email	From Jillian Brune CM at CESI. New referral requesting Lift chair. Pending insurance and ok to contact.
1/19/2024 Somers, Linda	APAZ	Phone Call	Re: ? why taxi vouchers ended. Explained other options. Wasn't too happy, but will reach out to Fallon
1/19/2024 Sobral, Mary	APAZ	Phone Call	LVM w/ son Anthony re: ENT appointment. Request a call back with visit date.
1/19/2024 DeJesus, Eva	APAZ	In Home Visit	Requesting rent assistance if Eva does not qualify for CB tax credit.
1/19/2024 Vieira, Kathy	APAZ	In Home Visit	Annual HV completed. Kathy has decided to keep her current PERS unit after searching it was one of the top 5.
1/19/2024 Botelho, Odette	APAZ	Phone Call	Re: approval letter & check mailed. We cannot send letter to dentist d/t privacy. OB will have her dgt fax it.
1/19/2024 Arruda, Patricia	APAZ	Phone Call	Re: Returned ARAW Christmas card. Patricia requested mail to daughter. Card mailed.
1/19/2024 De Frias, Diana	APAZ	Phone Call	RC will send invoice for car repair payment. "Thank you so much for paying this for me. I am so happy."
1/19/2024 Bissonnette, Alice	CFOLEY	Phone Call	To sign up for luncheon (has some legal questions for them); checking in on everyone including "the baby"
1/22/2024 Christensen, Carol	JCOSTA	Phone Call	Would like to reschedule HV, not feeling well, will CB when feeling better, EM to AP
1/22/2024 Pereira, Maria	JCOSTA	Phone Call	To let her know AP will need to reschedule HV
1/22/2024 Sobral, Mary	JCOSTA	Phone Call	From son, appt 3/11 for wax removal, hoping to make estimate appt same day, will CB to confirm, EM to AP
1/22/2024 Fisher, Laura	JCOSTA	Phone Call	To schedule HV w/AP, adv AP will CB, EM to AP
1/22/2024 Collins, Donna	JCOSTA	Phone Call	To confirm luncheon

Due Date With	Staff	Туре	Notes		
1/22/2024 Okpara, Priscilia	JCOSTA	Phone Call	From son, looking for PGM, adv retired & AP now BA but out today, will CB		
1/22/2024 Liberatore, Gertrude	JCOSTA	Phone Call	To confirm luncheon		
1/23/2024 DeSouza, Joanne	APAZ	Phone Call	Re: Lively plan issue. Will call back at end of week to schedule a office visit to resolve.		
1/23/2024 Dean, Amy	APAZ	Phone Call	RC re: CNN membership and incontinence products request. HV scheduled 2/2 at 1pm.		
1/23/2024 Fisher, Laura	APAZ	Phone Call	Re: annual HV. Laura has been having a lot of health issues and moving problems.		
1/23/2024 Lewis, Barbara	APAZ	Phone Call	LVM re: Barbara Lewis. Unable to contact her since early January.		
1/23/2024 Carreiro, Kathleen	APAZ	Phone Call	Re: initial HV. Kathleen was very confused. She will call me back when she receives bank statement.		
1/23/2024 Smith, Cynthia	APAZ	Phone Call	Re: Cancel luncheon. Not feeling well.		
1/23/2024 Prata, Adelia	APAZ	In Home Visit	Requesting continued support for phone, cable, internet.		
1/23/2024 Pine, Hilda	APAZ	In Home Visit	Annual HV completed. Requesting continued support for cable and potentially Glucerna.		
1/23/2024 Powell, Charlotte	CFOLEY	Phone Call	Re: return mattress & DirectTV; will call DT to add ARAW to address; gift debt relief not purchase (mattress)		
1/23/2024 Martinez-Colon, Nilda	CFOLEY	Phone Call	(CES CM) phone not working (but cable is); Confirmed check sent 1/11/24 & confirmed Comcast cashed		
1/23/2024 Foster (NBCOA), Patricia	JCOSTA	Phone Call	New position Elder Care Benefit Advisor, to EM brochure/referral form, PF will EMB services she can provide		
1/24/2024 Pereira, Maria	JCOSTA	Phone Call	Called # given for circuit breaker, no appts available, EM to AP		
1/24/2024 Pereira, Maria	APAZ	Phone Call	RC Stella unable to get appoint for CB. AP will contact Carolyn at FCOA for assistance.		
1/24/2024 Lajoie, Elizabeth	APAZ	Phone Call	Annual visit canceled today. VNA RN was going to be there. Will reschedule for next week.		
1/24/2024 Antunes, Joana	APAZ	Phone Call	Re: ARAW mail returned. Will drop off 1/25 around 3ish		
1/24/2024 Sikorski, Barbara	APAZ	Phone Call	Re: ARAW help with Property taxes. HV scheduled for 1/30 at 11am.		
1/24/2024 Huezo-Mendoza, Sonia	APAZ	Phone Call	Reminder that ARAW last rent payment is February. Sonia is aware "Thank you, Thank you, Thank you."		
1/24/2024 DeSouza, Joanne	APAZ	Phone Call	LVM re: Lively TC. Need to schedule in office visit.		
1/24/2024 Carreiro, Kathleen	APAZ	Email	To CES CM Jillian. Pending an update.		
1/25/2024 Lewis, Barbara	APAZ	Email	Re: Kim CES CM informed Barbara to call ARAW to schedule annual HV		
1/25/2024 Openshaw, Pauline	APAZ	Phone Call	Re: Notification that Pauline was recently diagnosed with dementia and she is in the nursing home.		
1/25/2024 Todd, Kristine	JCOSTA	Phone Call	For phone # for LGBTQ & Safelink Wireless		
1/25/2024 Cabral, Mary	APAZ	Phone Call	LVM re: new referral for mattress. Requested a call back.		
1/26/2024 Dillon, Sherry	CFOLEY	Phone Call	From JC @ Wamsutta; SD fell getting out of DR; EPERS called ambulance; EMTs just arrived AP w/them		
1/26/2024 Dillon, Sherry	CFOLEY	Phone Call	From AP; SD citing pain in ankle; going to hospital (w/packed lunch from WC)		
1/26/2024 Dillon, Sherry	CFOLEY	Phone Call	Call made to emergency contact on file – Son William (774) 476-9793; told wrong number		
1/26/2024 Dillon, Sherry	CFOLEY	Phone Call	Call made to CES CM Jennifer to obtain correct EC ph #; VMM left		
1/26/2024 Dillon, Sherry	JCOSTA	Phone Call	Call made to BOA Vista to obtain correct EC ph#; transferred around; new number (508) 863-7029		
1/26/2024 Dillon, Sherry	CFOLEY	Phone Call	Call made to William at new ph#; VMM requesting RC left		
1/26/2024 Ponte, Marion	APAZ	Phone Call	From MP alleging child abuse claims and "unprofessional behavior" by Susan WCOA (SR)		
1/26/2024 Ponte, Marion	CFOLEY	Phone Call	f/u TC from SR- MP's dghtr open heart surgery; MP refusing care; poss BES referral; appro actions by SR		
1/26/2024 Ponte, Marion	CFOLEY	_	To SR re: child abuse claims		
1/26/2024 Lyons, Carol	APAZ	Phone Call	RC re: new recliner and loveseat "Don't I sound refreshed!? Thank you so much!"		
1/26/2024 Fragata, Maria	APAZ	Phone Call	Re: New A1 system assistance. She will call A1. She thought I was Ana from A1.		
1/29/2024 Silveira, Marie Lorraine	1	Phone Call	For Ana – rec'ed check from CA; please call Tuesday after 3 pm		
1/29/2024 DeSouza, Joanne	APAZ	Phone Call	Re: ARAW office visit with Claire to correct Lively issues. Will be here 12-4 1/31		
1/29/2024 Somers, Linda	1	Phone Call	Doesn't understand why taxi vouchers ended, has appt 1/31, doesn't know end time to schedule p/u		
1/29/2024 Miller, Debra		Phone Call	From daughter, having difficulty with phone, would like to schedule HV, EM to AP		
1/29/2024 Van Bibber, Gloria	APAZ	Phone Call	Re: FCOA assistance with SNAP. Provided FOCA # and process. Gloria will let me know outcome.		

<b>Due Date</b>	With	Staff	Туре	Notes		
				Re: Assistance with PACE info and Eversource electric bill issues. Mailed Eversource disc application and recommended Lea call		
1/29/2024	Charpentier, Lea	APAZ	Phone Call	Eversource and work out payment plan.		
				Re: Fall at Wamsutta. She hurt her right ankle. CT/Xray done no head injury. She felt ARAW was upset. I reassured her ARAW		
1/29/2024	Dillon, Sherry	APAZ	Phone Call	was not. Made ED aware.		
1/29/2024	Cabral, Mary	APAZ	Phone Call	LVM x2 Requested a call back if she is seeking ARAW support for mattress. EMM to CES CM FYI		
1/29/2024	Soucy, Sandra	APAZ	Phone Call	I have the wrong number. Will ask CHF for number from caller ID.		
1/29/2024	Soucy, Sandra	APAZ	Phone Call	RC to Sandra. Schedule new referral visit 2/1 at 2pm		
1/29/2024	McHenry, Elizabeth	APAZ	Phone Call	LVM re: Does not qualify d/t income for ARAW. Referred to ACCS and SCCLS		
1/29/2024	Smith, Cynthia	APAZ	Phone Call	Re: PERS unit setup. On oxygen. Scheduled visit for 2/1 at 10am 1/29/2024		
1/30/2024	Dillon, Sherry	CFOLEY	Phone Call	Discussed fall & emergency contact. AP LVM to get new EC telephone.		
1/30/2024	Pereira, Maria	APAZ	Phone Call	Re: Nervous property taxes are due 2/1. Informed her I would call her back tomorrow w/ update		
1/30/2024	Carreiro, Kathleen	APAZ	Phone Call	Re: reminder of HV 1/31 at 3pm.		
1/30/2024	Cabral, Mary	APAZ	Phone Call	RC re: New Request for mattress/bed. MC waiting for warm weather. Brother might help \$. Will CB if needed.		
1/30/2024	Sikorski, Barbara	APAZ	In Home Visit	Unable to process request. Unclear pic of the \$ situation. Potential heavy spending & hidden finances by BS		
1/30/2024	Lewis, Barbara	APAZ	Phone Call	Re: not feeling well. Rescheduled the HV to 2/5/24. EMM to CES CM inquire on PERS W/ GPS thru ins.		
1/30/2024	Miller, Debra	APAZ	Phone Call	Re: New Referral. Has gotten behind on bills. HV scheduled for 2/5 at 11am.		
1/30/2024	Somers, Linda	APAZ	Phone Call	RC re: Taxi voucher. Again, explained her options. Linda thanked me and wished me a good day.		
1/30/2024	Silveira, Marie Lorraine	APAZ	Phone Call	Re: Received divorce decree. Now pending ex-husband death certificate to submit to SSA for widows benefit.		
1/30/2024	Openshaw, Pauline	APAZ	Phone Call	Re: Pauline is now LTC at Hathaway Manor room 206. JO will call back with more details.		
1/31/2024	Carreiro, Kathleen	APAZ	In Home Visit	Will review with ED. Most likely will no move fwd. Severe BH and no support.		
1/31/2024	Pereira, Maria	APAZ	Phone Call	Re: 3rd quarter property tax approval. AP to picked up invoice and placed on JC desk.		
1/31/2024	Best, Jacqueline	APAZ	Phone Call	Re: update on eviction & SCCLS. Per JB SCCLS couldn't help. EM to Raquel w/JB permission to get full story.		
1/31/2024	Lyons, Carol	APAZ	Phone Call	LVM would like to find out what happened to her mattress. Requested a call back.		
1/31/2024	Lopes, Crispina	APAZ	Phone Call	LVM regarding comcast bill and inquire if she has not been paying her Verizon too. Requested call back.		
1/31/2024	DeSouza, Joanne	APAZ	Office Visit	Called and corrected lively bill. Zero balance. Teresa is the representative. Call was at 12:18PM		



# January 2024: Beneficiary Advocate Ana Paz

**REFERRALS RECEIVED:** 9 **SOURCES:** Newsletter 1, CES 3, FCOA 1, ACOA 1, Self 2, Friend 1

**UPDATES SUBMITTED: 11 REQUESTS SUBMITTED: 3 FLO SUBMITTED: 2** 

REFERRALS MADE TO: CES 3, FCOA 6, CNN 1, SCCLS 4, ACCS 3, BES 1, YWCA 1, BB Habitat for Humanity 1

PENDING: 3 INELIGIBLE: 4 WITHDRAWN: 2 INACTIVE: 8

#### BENEFICIARY HIGHLIGHT: Laura Fisher

Laura Fisher came to ARAW headquarters on October 12, 2023, to inform us that she had recently made a difficult decision to move in with her previously estranged spouse, Jeff, within the next few months. Jeff was approved for a handicap, two bedrooms, apartment at Crossroads in Dartmouth. It was a difficult decision, but Laura felt it was the right decision both financially, medically, and morally. Jeff had moved in with Laura September 2023 as he was kicked out of where he was living due to not following curfew rules, and it was waying heavy on Laura that she had not informed ARAW immediately for fear of losing current support of health insurance premium(s), and personal care products.

I had multiple phone call conversations, home visits in the past three months. ARAW provided financial assistance with moving costs through EDDF. Most recently, an annual home visit was conducted, and the Living Alone Exception Request application was completed and updated. Due to Laura currently living in subsidized housing, unfortunately it makes her over income by \$425, not including her spouse's income of \$1,102. This was a complex case. My most recent home visit lasted over an hour due to Laura's current state of health. She was extremely out of breath, and her memory has significantly diminished. This is due to her lack of oxygen. She has not been using her nightly CPAP since she moved in November because she lost the cord. I immediately called the DME provider and notified them of Laura's urgent need.

Laura is the one managing all the household needs. To add more complexity, Laura is her spouse's caretaker and representative payee. They still have not settled into their apartment. In my observation, Laura does it all but at least has companionship.

I sat with Laura and Jeff and reviewed all recent bank and credit card statements and all paperwork provided with great difficulty. Laura was so beside herself that she had nothing organized or prepared. I reassured her that I would patiently collaborate with her to ensure that I gather all necessary information to submit her annual review.

Per Laura, Jeff helps financially with all housing expenses, but he does not help with Laura's personal expenses such as credit card debt, medical bills, or personal care and vice versa with Jeff's personal expenses. From what I gathered, without ARAW continued support, Laura will be in a monthly deficit of approximately -\$726, while Jeff will have an end of month balance of \$360.

I was able to get Laura to agree to consolidate debt, but she might not be able to because her debt is under Ten-thousand dollars. I provided her with ACCS, SCCLS, and Coastline Brochure. Should she follow through and clear her debt it will give her an additional \$318 per month for a total of \$678 joint month end balance.

Although Laura is no longer eligible for ARAW, I wanted to share her story with the Board to highlight one of the many elderly women facing the impact of financial hardship. Laura drastically went from living independently all these years to spending the rest of her years with her estranged husband, not only caring for all his needs, but also her own while her health continues to deteriorate.

I feel so blessed to be able to help while also learning the lessons of others that will hopefully ensure financial security in my elder years.

"Thank you for all you have done for me, your prayers, activities, and insurance. It helped me more than you know. God Bless you all." — Laura Fisher

NEW REFERRALS (9)	PENDING (3)	INACTIVE (14)
<ul> <li>Nancy Bell</li> <li>Maria Pereira</li> <li>Mary Sobral</li> <li>Beverly Alexander</li> <li>Elizabeth McHenry</li> <li>Kathleen Carreiro</li> <li>Mary Cabral</li> <li>Sandra Soucy</li> <li>Debra Miller</li> </ul>	<ul> <li>Kathleen Carreiro (recliner)</li> <li>Sandra Soucy (financial)</li> <li>Debra Miller(financial)</li> </ul>	<ul> <li>Fatima Furtado (inactive)</li> <li>Paula Gendreau (over income)</li> <li>Nancy Bell (out of area)</li> <li>Jacqueline Schuster (inactive)</li> <li>Beverly Alexander (over income)</li> <li>Elizabeth McHenry (over income)</li> <li>Regina Larrabee (inactive)</li> <li>Freda Payan (inactive)</li> <li>Janet Mello (inactive)</li> <li>Louise Alves (inactive)</li> <li>Laura Fisher (inactive)</li> <li>Mary Cabral (withdrawn)</li> <li>Noreen Pina (withdrawn)</li> <li>Louise Estrella (inactive)</li> </ul>

# INVESTMENT ADVISORY COMMITTEE MEETING

January 16, 2023

Present: C Foley, C Mayall, P McKnight, A Natho, J Stankiewicz,

Guest: R Saber, L Garibaldi

Investment Advisory Committee: H. Ziegler, K McQuiggan K O'Connell

Bank of America: M Bennett, S Clark, E Greene, Farrell

This meeting was a zoom meeting with our Finance Committee, Investment Advisory Committee, and the Bank of America portfolio management team. Its purpose was to review portfolio performance of the third quarter of our fiscal year (and fourth quarter of our calendar year).

# Portfolio Review (copy available upon request)

After a tough second quarter of our fiscal year, the market value of the portfolio, as of 12/31/23, was significantly better- closing at \$20,151,431. The third quarter had been expected to slow down, but it turned out not to do so. The year had been a roller coaster ride, but a recession was avoided, and the year ended with a portfolio value that increased 15.4%, which was unexpected. And 2024 is now expected to be a positive year, being called a foundational year, for the expected future. Please see attached exhibit Labeled "2024: A Foundational year." This chart identifies the factors that promote a positive outlook, as well as the "pitfalls" that might alter this optimistic view.

Ms. Clark discussed these various factors, as well as the BOA plan to maximize on these factors. She also discussed the asset allocation strategy for FY 2024, meaning the percentage of the portfolio allotted to various categories- stocks, fixed income, and hedge funds-per our Investment Policy Strategy. (See attached Asset Allocation Summary.) The committee will meet again to further discuss asset allocation in accordance with the IPS, in order for us to meet our objectives.

BOA expects that our ROI for the next 3 years will net out at 6.3%. That will cover our annual 5% cost operating expenses....and we will be able to maintain our principal.

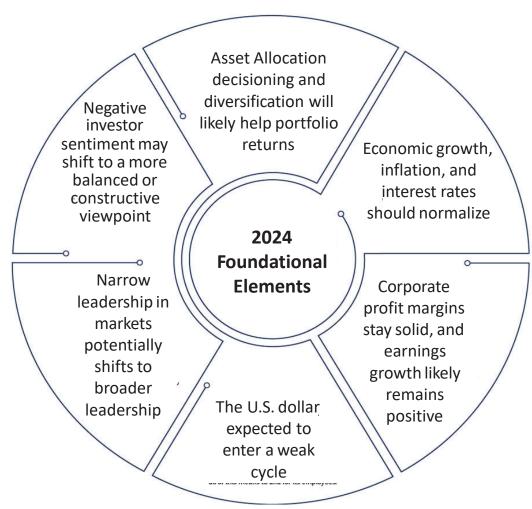


# 2024: A Foundational Year

Our title for 2024 is "A Foundational Year". Why? We have six main themes that could be catalysts for a move from a "tighter" state to a more normal foundation.

With these foundational elements in mind for 2024, we expect an overall constructive viewpoint for both stocks and bonds. However, we also have to be aware of a few wildcards that could change market direction without notice:

- Significantly elevated geopolitical volatility.
- Leverage and debt refinancing in the commercial property market.
- The timing and reasoning of Fed rate cuts.
- U.S. sovereign debt servicing concerns.



The Chief Investment Office (CIO) views and opinions expressed are for informational purposes only, are made as of the date of this material, and are subject to change without notice.

Source: Chief Investment Office as of December 31, 2023. FOR INFORMATIONAL PURPOSES ONLY.





The following table is based on Bank of America Private Bank's Capital Markets 2024 Assumptions for each asset class and the proposed allocation. Expected returns do not include excess return from tactical asset allocation calls or active management. The following risk and return characteristics reflect **nominal** expectations.

Asset Schema	ARAW IPS	Target	ARAW 12/31/2023			
	Market Value (\$)	Target (%)	Market Value (\$)	Target (%)		
Cash	-		400,000	2.0%		
Equities	14,000,000	70.0%	14,000,000	70.0%		
U.S. Large Cap	5,200,000	26.0%	6,200,000	31.0%		
U.S. Mid Cap	3,200,000	16.0%	2,700,000	13.5%		
U.S. Small Cap	1,800,000	9.0%	1,800,000	9.0%		
International Developed	2,600,000	13.0%	2,400,000	12.0%		
Emerging Markets	1,200,000	6.0%	900,000	4.5%		
Fixed Income	3,000,000	15.0%	3,000,000	15.0%		
Investment Grade	3,000,000	15.0%	3,000,000	15.0%		
Hedge Funds	3,000,000	15.0%	2,600,000	13.0%		
Private Equity	-		-			
Real Estate	-		-			
Tangible Assets	-		-			
Total	20,000,000	100.0%	20,000,000	100.0%		
Expected Return	9.19	%	9.0%	9.0%		
Expected Std Dev.	13.2	%	13.09	%		
Expected Yield	2.1%		2.1%	6		
Sharpe Ratio	0.47		0.46	0.46		
Real Median Return						
(2.4% Inflation)	6.39	%	6.2%	6		

#### **Source: Institutional Portfolio Planner**

Actual rates of return cannot be predicted and will fluctuate. Your results may be more or less. For illustrative purposes only. The examples presented are hypothetical, do not reflect specific strategies we may have developed for actual clients, and do not reflect the performance of any specific investment.

Please refer to Glossary, Capital Market Assumptions, Asset Class Disclosures and Index Definitions at the end of this presentation.

Accrued Income

Income

**Ending Value + Accrued** 



## **Account Summary**

Jan. 01, 2024 through Jan. 31, 2024

#### Account: 80-02-202-2363364 ASSOC RELIEF AGED WOMEN-COMB

7,793.28

\$20,110,058.54

### Market Value \$20,102,265.26

Account Activity			Realized Gain/Loss Summary			Income Summary		
Description	Current Period	YTD Since 04/01/23	Description	Current Period	Fiscal YTD	Description	Current Period	YTD since 04/01/23
Beginning Market Value	\$20,151,431.33	\$19,168,006.80	Short-term	\$0.00	\$122,951.24	Dividends - Taxable	\$33,113.88	\$385,224.17
Income	33,269.26	386,991.00	Long-term	10,927.60	596,900.96	Interest - Taxable	155.38	1,766.83
Deposits	3,647.47	816,670.95	Net Total	\$10,927.60	\$719,852.20	Total Income	\$33,269.26	\$386,991.00
Disbursements	-79,647.47	-1,784,590.43						
Bank Fees	-7,317.56	-69,960.32						
Change in Market Value	882.23	1,585,147.26						
Ending Market Value	\$20,102,265.26	\$20,102,265.26						
Change in Account Value	-49,166.07	934,258.46						

Portfolio Allocation							
Description	Market Value	Tax Cost	Unrealized Gain/Loss	Accrued Income	Estimated Annual Income	Current Yield	011 0 001
Cash/Currency	\$584,518.99	\$584,518.99	\$0.00	\$2,806.91	\$30,483.44	5.21%	Other 3.0% Hedge Funds 12.9%
Equities	13,918,960.86	9,277,025.51	4,641,935.35	4,157.04	228,124.21	1.63	
Fixed Income	2,995,028.52	2,931,810.49	63,218.03	378.12	105,757.16	3.53	
Hedge Funds	2,587,119.28	2,569,706.41	17,412.87	\$451.21	59,810.26	2.31	Fixed Income 14.9%
Tangible Assets	16,637.61	21,552.31	-4,914.70	0.00	501.26	3.01	
Total Assets	\$20,102,265.26	\$15,384,613.71	\$4,717,651.55	\$7,793.28	\$424,676.33	2.11%	Equities 69.2%
Total	\$20,102,265.26	\$15,384,613.71	\$4,717,651.55	\$7,793.28	\$424,676.33		

Assets representing less than 5% of total are grouped together as "Other" for display on the pie chart.

7,793.28

\$20,110,058.54

Name	Birth Date	Age	Board Member
Vieira, Rose Marie	2/12/1946	78	Office
Correia, Maria Luisa	2/13/1940	84	Gloria deSa
DeMendonca, Theresa	2/13/1950	74	Cathy Mayall
Tavares, Maria	2/13/1949	75	Diane Laflamme
Serdahl, Pauline	2/15/1944	80	Office
Simard, Agnes	2/16/1941	83	Rosemary Saber
Tavares, Dixie	2/16/1943	81	Office
Dean, Amy	2/17/1942	82	Office
Huezo-Mendoza, Sonia	2/17/1940	84	Office
Nunes, Debra	2/19/1953	71	Office
Ponte, Marion	2/20/1946	78	Office
Arruda, Patricia	2/26/1951	73	Office
Carvalho, Patricia	2/28/1938	86	Office
Furness, Betty	3/1/1948	76	Office
Rose, Bernice	3/1/1943	81	Office
Medeiros, Eileen	3/8/1927	97	Office
Evora, Sandra	3/15/1958	66	Office
Ribeiro, Renay	3/15/1949	75	Diane Laflamme
Brightman, Pauline	3/16/1942	82	Office

FEBRUARY 2024 | VER 2/2/24

Beneficiary	Biggest Concern	Notes	Specific Request	Recommendations
New BENE#  Sobral, Mary 98 y/o; 4/29/1925 Income: \$1,515 H  ARAW support: New MEB: \$0  ARAW: Ana	"What worries me the most is not being able to do repairs on my home." Mary is also very excited about being able to hear. She has been referred to ARAW 3 times & hasn't followed through.	98 years old; lives with son;  3 <sup>rd</sup> referral but no f/thru d/t anxiety; finally accepting of resources d/t work with FCOA; supportive children; on provides all care & home maintenance – but no \$ contribution; Mary in charge; home repairs are a concern – BBHFH referral; SC ENT contacted by ED re: appt	Exception:  Living alone guideline (son lives with her)  Gift:  Hearing aids up to \$5,600 (based on historical costs)	Exception:  Living alone guideline (son lives with her)  Gift:  Hearing aids up to \$5,600 (based on historical costs)
New BENE#  Pereira, Maria "Stella"  71 y/o; 2/4/1952 Income: \$1,400 H  ARAW support: New  MEB: -\$513  ARAW: Ana	"Not being able to support myself. I don't know what I am going to do. He was my everything. I didn't expect for him to leave me."	Unsustainable but new situation; Retired salon owner; referral: "found newsletter" but sister is beneficiary; recent widow (as of 11/23); numerous health issues; period of significant adjustment; following up on "homework" - situation should look different soon; not eligible for husband's SS; had payment plan for vet bill but cannot fulfill w/o husband's income	Gift:  Statement Credit card \$575.61 Invoice 3 <sup>rd</sup> quarter real estate taxes \$743.77	Gift:  Statement Credit card \$575.61 Invoice 3 <sup>rd</sup> quarter real estate taxes \$743.77

FEBRUARY 2024 | VER 2/2/24

Beneficiary	Biggest Concern	Notes	Specific Request	Recommendations
BENE# 23/02G  Kukstis, Ingrid  75 y/o; 2/7/1948  Income: \$1,510 sub  ARAW support \$1,357:  Gifts: Dental \$443 '23, Eye exam \$613 '22, Holiday \$150 '22-23  MEB: \$91  ARAW: Ana	"I have been struggling with my sleep. My mattress has lost its memory foam & it's worsening my back issues."	Oxford Terrace; auto lease ended – higher loan payment; recent purchase of new computer; suffering from poor sleep – 16 y/o mattress;	Gift:  Estimate Queen size mattress, box spring & mattress protector with recycling fee \$1,209	Gift:  Estimate Queen size mattress, box spring & mattress protector with recycling fee \$1,209
BENE# 22/31G  Monteiro, Linda 71 y/o; 11/20/1952 Income: \$1,097   sub  ARAW support \$1,527: Gifts: Table/chairs \$810 '23, TV \$418 '22, Holiday \$150 '22-23  MEB: \$4  ARAW: Ana	"My concern right now is getting a new mattress & lift chair from my insurance. My PT says I qualify but it will be a process. I am currently sleeping on the couch & it is awful. I need a new couch. It is 15 years old."	Sol-e-Mar; referral from CES; significant health issues; struggles financially; purchased new cell phone – paying installments; no progress on debt; doesn't charge but only able to pay minimum; declined ACCS and debt assistance; looks forward to paying off cards to be able to shop again; very lonely & struggles with basic home needs; socially isolated; CNN may help these issues	<b>Gift:</b> ■ CNN membership \$660	Gift: ■ CNN membership \$660

FEBRUARY 2024 | VER 2/2/24

Beneficiary	Biggest Concern	Notes	Specific Request	Recommendations
Zych, Joanne 73 y/o; 3/21/1950 Income: \$1,451 sub  ARAW support \$3,199: Gifts: Dental \$1,813 '23, Car repair \$1,067 '23, Holiday \$150 '23 FLO: Luncheons, Soup, Farm  MEB: \$57  ARAW: Ana	"I am so panicked about asking for ARAW help with more car repairs. I don't have the money & I cannot afford to buy a used car. I would be lost without my car."	Dana Court; would be lost w/o car; car keeps her independent & MH issue exclude easy use of public transportation; savings account for car insurance; avid volunteer – keeps her busy; last month she paid for 2 new tires and alignment	Gift:  Estimate Car repair \$1,077.02 (\$1,577.02 if new radiator required)	Gift:  Estimate Car repair \$1,077.02 (\$1,577.02 if new radiator required)
Simard, Agnes 82 y/o; 2/16/1941 Income: \$1,498   sub  ARAW support \$39,528: Reoccurring: \$701 '15 Gifts: Car repair \$103 '20, \$905 '19 & \$360 '18, Hearing aids \$3,000 '15, Dental \$3,154 '14, CC \$500 '14, Holiday \$100-150 '15-23 Discontinued: EPERS \$51.95 '15- 23, Newspaper \$100-200 '21-23 FLO: Soup, Luncheons, Tickets, Puzzle, Gift Cards, Puzzle  MEB: \$124  ARAW: Ana	"My brother is what is currently worrying me. I had to place him in long-term care & I am busy emptying out his apartment."	Bay Berry; discrepancy in income; had to purchase new car d/t accident – daughter helps; brother (long history of MH) recently placed in LTC; regrets d/c of EPERS – new heart issues (diff provider); family support; paid off credit – no debt;	Quarterly:  Continuation of BCBS \$715.74  Monthly: EPERS \$34.95  Gift: One time activation fee \$35 and shipping \$14.95	Quarterly:  Continuation of BCBS \$715.74  Monthly:  EPERS \$34.95  Gift:  One time activation fee \$35 and shipping \$14.95

FEBRUARY 2024 | VER 2/2/24

FEBRUARY 2024 | VER 2/2/24

Beneficiary	Biggest Concern	Notes	Specific Request	Recommendations
DosSantos, Cathrina 74 y/o; 12/9/949 Income: \$1,673   sub  ARAW support \$19,552: Reoccurring: BCBS \$706 '20 Gifts: Pers care \$149.94 '22-23, Dental \$8,228 '20, Holiday \$150 '20-23  MEB: \$29  ARAW: Ana	"Insurance coverage is my biggest worry. ARAW has been so good to me & I am most likely not going to qualify for ARAW support of BCBS premium next year. I will just have to go to an insurance that is cheaper but I think I will manage just fine if this happens."	Oxford Terrace; increase in health issues; did not disclose significant cc debt last year; \$300+ MEB to \$29 MEB; has recently consolidated d/t \$10K+ debt (all but 2 cards); daughter helping with groceries; last year was fearful that ARAW support would end this year; BCBS important to her d/t NASH diagnosis	Exception: Income guideline (over \$23)  Quarterly: Continuation of BCBS \$715.74	Exception: Income guideline (over \$23)  Quarterly: Continuation of BCBS \$715.74

FEBRUARY 2024 | VER 2/2/24

Beneficiary	Biggest Concern	Notes	Current Support	Decisions
Vieira, Germaine 86 y/o; 5/20/1937 Income: \$1,258   H  ARAW support \$25,333: Reoccurring: Cable \$119 '18 Gifts: Car repair \$267 '19, Furnace repair \$449 '18 HOI \$500-990'12-18, RE Tax \$700- 1,200 '12-15, Dental \$900 '14, Holiday \$100-150 '15-23 Discontinued: EPERS \$29.95 '14- 23, Newspaper \$200-900 '18-22  MEB: \$278  ARAW: Ana	"My current concern is my total hip replacement. I will be in the hospital for three days & most likely have to go to rehab."	Long term beneficiary; supportive daughters & granddaughter; Hi replacement surgery scheduled for 2/1/24; cable is important as the TV is an integral part of her daily routine; \$30 2x/ye for xmas & bday for children & grandchildren	Monthly:  Cable \$119  Monthly total: \$119	Monthly: ■ Cable \$119
BENE# 22-23/16  Camara, Mary 80 y/o; 10/14/1943 Income: \$1,647   H  ARAW support \$14,225: Reoccurring: Social day \$600 '22, BCBS \$239 '22 Gifts: Holiday \$150 '22-23  MEB: -\$56  WCOA: Andrea	"My son Michael & his wife worry me the most. They stress me out because they are very disrespectful. Now that they have moved, I hope not to see them very much. Also, not being able to go get what I need when I want to. I am no longer able to drive. I do love going to the COA for the program. If you would continue helping me with the program at the COA & with my BCBS that would be very helpful."	Enjoys time with family; very much enjoys social day; struggles with finances – esp. much needed insulin (\$400); needs 2 knee replacements; car taken off road; applying for RE Tax exemption; repairs out of savings; children help w/finances when needed; BCBS v. important & SD w/transportation keeps her active & engaged	Weekly: ■ Social day, 3 days per week, \$180  Monthly: ■ BCBS \$239.73  Monthly total: \$1,019.73	Weekly: ■ Social day, 3 days per week, \$180  Monthly: ■ BCBS \$239.73

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Beneficiary	Biggest Concern	Notes	Current Support	Decisions
BENE# 21-22/31  Santos, Laura 77 y/o; 1/5/1947 Income: \$1,567   sub  ARAW support \$4,523: Reoccurring: Cable \$90 '22 Gifts: OTC \$263 '22, Rent \$1,877 '21, Holiday \$150 '21-23  MEB: \$108  ARAW: Ana	"I am doing good today. My health hasn't been good & that is what worried me."	Lives @ WCALF – visit by telephone d/t IBS issues; good support system; battling lung cancer, chronic pain & IBS; TV is her entertainment and the \$100 left by WC would not always cover it	Monthly: ■ Cable \$90  Monthly total: \$90	Monthly: ■ Cable \$90
Tuite, Janice 84 y/o; 4/18/1939 Income: \$1,435   H  ARAW support \$27,721: Reoccurring: BCBS \$715.74 '17, Pers care \$66.95 '20, Demand Response \$25 '19 Gift: SW \$400 '16-17, Funeral \$3,440 '14, Holiday \$150 '17-23 Discontinued: Nutrition \$80-160 '15-17, EPERS \$51.95 '23 FLO: Plant, Soup, Luncheons, Transportation, Gift Card, Tickets  MEB: \$127  ARAW: Ana	"The death of my daughter is still really bothering me. I haven't been able to cry since her funeral. I think I am angry because of what she did that I can't cry."	Long term beneficiary; multiple health issues; consumed by death of daughter, son & husband; "angry" at suicide of daughter; grandson on better terms but does not want him as POA; SCCLS referral; multiple falls; BCBS peace of mind w/ health issues; transportation support is a necessity	Quarterly:  BCBS \$715.74  Monthly:  Incontinence products \$69 from Westport Apothecary  SRTA Demand Response, 1 book \$25  Taxi voucher, 1 round trip \$50  Monthly total: \$382.58	Quarterly:  BCBS \$715.74  Monthly:  Incontinence products \$69 from Westport Apothecary  SRTA Demand Response, 1 book \$25  Taxi voucher, 1 round trip \$50

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Beneficiary	Biggest Concern	Notes	Current Support	Decisions
BENE# 21-22/33  Vieira, Kathy 82 y/o; 7/3/1941 Income: \$1,728   R  ARAW support \$6,017: Reoccurring: EPERS \$46.95 '22 Gifts: Hearing aids \$4,400 '22, Holiday \$150 '22-23 FLO: Luncheons, Lottery  MEB: \$99  ARAW: Ana	"I am very worried about my health. Since June of last year I have been suffering with left hip pain. I find myself being more confused & I think it is time that the Lord takes me."	Rented cottage on Gulf Hill; very prepared & organized for visit; experiencing confusion; increased support from cancer Foundation; issues with EPERS (police show up) but has chosen to continue	Monthly: ■ EPERS \$46.95  Monthly total: \$46.95	Monthly: ■ EPERS \$46.95
Prata, Adelia 84 y/o; 10/19/1939 Income: \$1,215 sub  ARAW support \$11,905: Reoccurring: Cable/phone/internet \$217 '19 Gifts: Holiday \$150 '19- 23 FLO: Lottery, Gift card  MEB: \$270  ARAW: Ana	Adelia's health has improved. She contributes it to all of the supplements she takes "I say all the timethank you doctor Group. I bless the day you were born." Her Xfinity services are very important to her to go online & buy vitamins & other needs as she does not drive. She watches a lot of television & is currently loving Turkish series & Telemundo channel.	Heart issues have improved; 2 recent large purchases phone & TV; SWH nurse helped w/use of OTC/food card to get necessities; most shopping online; possible referral to CNN; more forgetful & less organized; spend a lot of time watching TV & church services; does not go out much; ARAW makes her feel less isolated	Monthly:  Cable/phone/internet \$217  Monthly total: \$217	Monthly: ■ Cable/phone/internet \$217

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Beneficiary	Biggest Concern	Notes	Current Support	Decisions
Beneficiary  BENE# 96-97/09  Pine, Hilda  88 y/o; 5/8/1935 Income: \$1,064   sub  ARAW support \$113,290: Reoccurring: Cable \$146 '20, Gifts: CC \$193 '19, Car repair \$910 '19, Car ins \$511 '19, Dental \$2,925 '14, Holiday \$100-150 '06-23 Discontinued: BCBS \$559 '06- 17, Stipend \$250-300 '06-19, EPERS \$51.95 '16-21, Nutrition \$490.80 '17	"Not being able to ever walk again."	Notes  Lives at: Fairhaven Village; unbearable knee pain; recent fall w/rehab; wheelchair- bound; diabetic; Glucerna is part of special diet, but not covered by insurance??; high MEB but insists cannot afford Glucerna; savings for emergencies; v. isolated cable is on all the time she is awake  f/u on nutrition: protective on Hilda for self-harm re: self- nourishment; does not eat properly or follow medical advice - it has negatively affected her health; issue with her Glucerna coverage: requires she purchase then	Monthly:  ■ Cable \$146  Monthly total: \$146	Monthly:  Cable \$146
MEB: \$373  ARAW: Ana		apply for reimbursement; unable to do it herself & no one to help		

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Beneficiary	Biggest Concern	Notes	Current Support	Decisions
BENE# FLO-23E-V Miranda, Maria 78 y/o; 9/4/1945				
Income: \$1,507   H  ARAW support \$2,186: Gifts: Car insurance \$934 '20, HOI \$902 '19, Holiday \$150 '20-21 FLO: Soup, Gift Card, Holiday  MEB: \$459  WCOA: Susan	Ms. Miranda still worries about house.	keeping up with repairs to her	Monthly:  FLO Participation	Monthly: ■ FLO Participation
Perry, Susan 70 y/o; 11/29/1953 Income: \$1,815   sub  ARAW support \$1,434: Gifts: Moving \$280 '22, Chair \$459 '20, Medical equipment \$105 '19, Holiday \$150-20-22 FLO: Soup, Gift Card, Luncheons, Lottery, Holiday  MEB: Unknown  ARAW: Ana	Participates in most ARAW achave issues with her hands like approximately 20 years & art she did try the NBAM kits. Sunewsletters & attending the I receiving Mom's meals that a insurance because meal prepreceives \$30 per month in SN	te severe arthritis for activities are difficult, but e really enjoys the uncheons. She will begin re covered by Fallon is very difficult, & she only	Exception:  Continuation of income guidelines (Over \$165)  Monthly:  FLO Participation	Exception:  Continuation of income guidelines (Over \$165)  Monthly:  FLO Participation

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Beneficiary	Biggest Concern	Notes	Current Support	Decisions
BENE# FLO-20E-V  Silva, Yvonne  82 y/o; 6/8/1941 Income: \$1,717   sub  ARAW support: FLO: Puzzle, Gift card, Holiday  MEB: Unknown  ARAW: Ana	Yvonne enjoys the newsletter ARAW events, it keeps her conjoys her connection with h was diagnosed with kidney fayou for your call. And Happy	nnected with ARAW. She er pen pal & most recently illure but is doing ok. "Thank	Exception:  Continuation of income guidelines (Over \$65)  Monthly:  FLO Participation	Exception:  Continuation of income guidelines (Over \$65)  Monthly:  FLO Participation
Sousa, Isabel 76 y/o; 10/20/1946 Income: \$991 sub  ARAW support \$619: Gifts: Rug \$234 '21 & \$185 '19, Holiday \$15 '21 FLO: Soup, Gift Card, Lottery, Holiday  MEB: Unknown  ARAW: Ana	Isabel is doing ok. She can no assistance & other ADLs such shoes & socks. She lost a goo COVID. She really enjoys the luncheons. "Please make sure on the 26th. I will be going wyou so much for your call & I holiday."	as showers & putting on d friend 3 weeks ago from ARAW newsletter & e I am listed for the luncheon ith Sue Perry if I can. Thank	Monthly: ■ FLO Participation	Monthly: ■ FLO Participation

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Beneficiary	Biggest Concern	Notes	Current Support	Decisions
Furtado, Fatima 75 y/o; 8/28/1948 Income: \$1,000 ('22) sub  ARAW support \$5,984: Reoccurring: SRTA Charlie Card \$20 '22 Gifts: CC \$5,000 '21, Electric \$205 '21, Eye exam \$169 '15, Holiday \$150 '22  MEB: Unknown  ARAW: Ana	No contact – place inactive			
BENE# 23/31G  Larrabee, Regina 71 y/o; 12/14/1951 Income: \$972 ('23) sub  ARAW support \$680: Gifts: Moving \$530 '23, Holiday \$150 '23  MEB: \$55 ('23)  ARAW: Pat	No contact or needs – place	inactive		

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Beneficiary	Biggest Concern	Notes	Current Support	Decisions
Payan, Freda 68 y/o; 11/17/1954 Income: \$1,099 ('23)   sub  ARAW support \$1,508: Gifts: Bed \$749 '23, Recliner \$609 '23, Holiday \$150 '23  MEB: \$141 ('23)  ARAW: Pat	No contact or needs – place i	nactive		
BENE# 19-20/07  Mello, Janet 77 y/o; 9/11/1945 Income: \$2,428 ('23) H  ARAW support \$3,596: Gifts: Car insurance \$276 '23, \$494 '22 & \$589 '21, Glasses \$250 '20, Car repair \$301 '20, Pest control \$216 '19, Plumber \$688 '19, Holiday \$150 '19-23 FLO: Gift Card, Lottery  MEB: \$158 ('23)  ARAW: Pat	Over income, no needs – pla	ce inactive		

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Beneficiary	Biggest Concern	Notes	Current Support	Decisions
BENE# 24/01G  Alves, Louise 86 y/o; 4/2/1936 Income: \$1,200 ('23) sub  ARAW support \$1,063: Gifts: Mattress \$913 '23, Holiday \$150 '23  MEB: \$172 ('23)  ARAW: Ana	No needs – place inactive			
Estrella, Louise 75 y/o; 1/29/1948 Income: \$1,343 ('23) sub  ARAW support \$5,546: Gifts: Bed \$879 '22, Dental \$2,000 '20 & \$484 '19, Glasses \$138 '20, Bankruptcy \$400 '19, Car repair \$687 '19 & \$507 '18, Holiday \$150 '20-22  MEB: \$49 ('23)  ARAW: Ana	Cancelled multiple HVs, wan	ts car repair but not cleared to	o drive – place inactive	

LEGACY TASK FORCE MINUTES JANUARY 22, 2024 PRESENT: ROSEMARY SABER, DIANE LAFLAMME

EXCUSED: DEBBIE BROOKE

KUDOS TO THE LEGACY TASK FORCE FOR HAVING WINNOWED 25 BOXES OF MISCELLANEOUS ARAW DOCUMENTS TO 5 BOXES. JOB WELL DONE!

WE IDENTIFIED 6 FORMER ARAW MEMBERS THAT WE WANT TO INTERVIEW AND WE HOPE TO HAVE THOSE COMPLETED BY APRIL.

ROSEMARY AND I REVIEWED THE ANNUAL MEETING MINUTES FROM 2007 TO THE PRESENT AND HAVE IDENTIFIED THE DOCUMENTS THAT WE THINK ARE IMPORTANT FOR OUR HISTORY.

I AM HAPPY TO REPORT THAT WE ARE ON TRACK TO COMPLETE OUR GOALS FOR THE YEAR.

RESPECTFULLY SUBMITTED,

DIANE LAFLAMME